



## Liberty Knot



Approx. finished size: 42" by 52"  
By Valerie Nesbitt

This quilt was inspired by Eleanor Burns Quilt in a Day Lovers Knot. The elegant pattern uses two strips intertwined to make a "knot". The graceful, flow of the quilt is made with two simple, log cabin style strip pieced blocks.

### **Fabrics requirements:**

½m of 3 different fabrics (we have called them green, pink and flowers throughout this pattern)  
1m white (used in blocks plus setting and corner triangles)  
60cm Border

You will need to make two different blocks:

Block A – green centre and pink outside – need 12

Block B – pink centre and green outside – need 6

### **Cutting Instructions – Per Block A**

green fabric – cut one 2.5" square

background fabric: cut one 2.5" square and one 2.5" x 4.5" rectangle

flowers fabric: cut one 2.5" x 4.5" rectangle and one 2.5" x 6.5" rectangle

pink fabric: cut one 2.5" x 6.5" rectangle and one 2.5" x 8.5" rectangle.

### **Cutting Instructions – Per Block B**

pink fabric – cut one 2.5" square

background fabric: cut one 2.5" square and one 2.5" x 4.5" rectangle

flowers fabric: cut one 2.5" x 4.5" rectangle and one 2.5" x 6.5" rectangle

green fabric: cut one 2.5" x 6.5" rectangle and one 2.5" x 8.5" rectangle.

## Workshop Notes

It is assumed that a ¼" seam allowance is used; as all the pieces are pre-cut, your pieces should fit exactly.



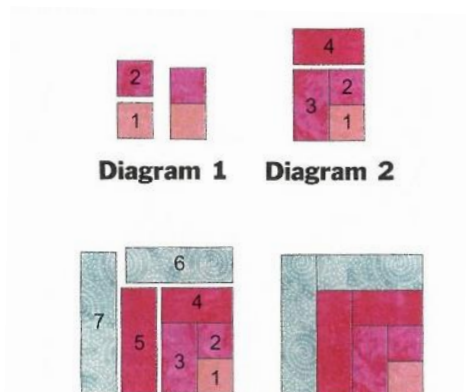
Block A



Block B

You need to make  
12 of Block A  
6 of Block B

All the blocks are constructed in the same manner, following the diagrams:



Sew the two squares (1 and 2) together (pink or green and background fabric), finger press seam closed and away from the centre.

Add other rectangle (3) of background fabric down one side and again finger press seam closed and away from the centre square.

**PAY ATTENTION** that all your blocks are sewn in the same direction.

Then add next round of fabric – the flowers (4 and 5): 4.5" rectangle and 6.5" rectangle.

Then add final fabric (6 and 7 in pink or green): 6.5" rectangle and 8.5" rectangle.

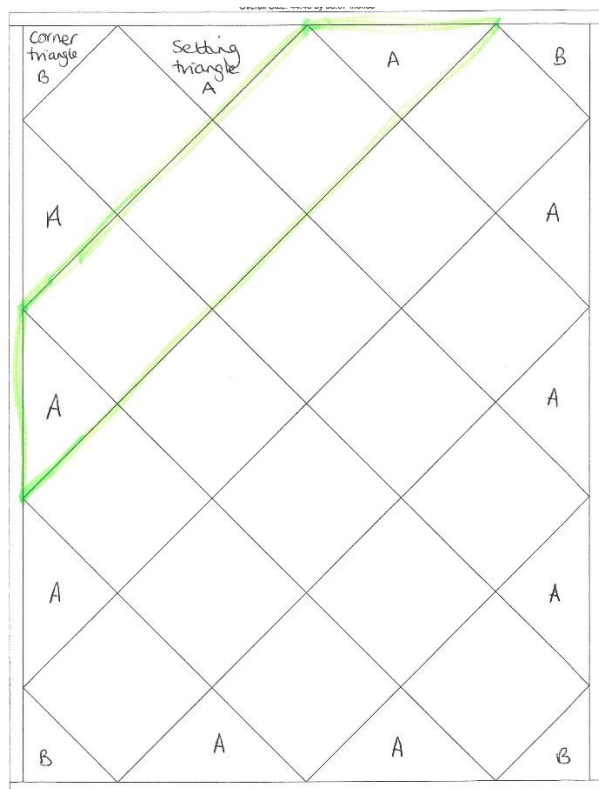
Your blocks should look like the two photos at the top of this page.

**Set on point:**

Lay out the blocks on the diagonal in rows 1/3/5 and 5/3/1 as per the front photo.

Setting triangles (A) are cut from 12.75" squares - cut on both diagonals.

Corner triangles (B) are cut from 7" squares - cut on one diagonal.



Sew diagonal rows adding setting triangles and corner squares onto the ends, as shown in green above, then sew the rows together.

Finally add borders – cut at 5" wide.

Layer, quilt and bind.

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